



Nottinghamshire Schools' Swimming Service Earrings

9 February 2023

Dear Parent/Carer,

WEARING OF EARRINGS DURING SCHOOLS' SWIMMING

It is the policy of Nottinghamshire County Council Schools' Swimming Service that pupils do **not** wear earrings during their school swimming lessons, as these items could cause injury to your child, staff members, and/or other swimmers whilst at/in the pool.

NHS guidance around piercings is that swimming should be avoided for at least 24 hours after having a piercing, and ideally until it has healed properly. While it is still healing, it is important to keep the piercing dry as there is a risk of infection. More information can be found here - <https://www.nhs.uk/common-health-questions/lifestyle/can-i-go-swimming-after-a-piercing/>

As a general guide, healing times for the ear lobe is 6-8 weeks.

The Schools' Swimming Service sets the expectation that pupils are to remove all jewellery and earrings before they attend their school swimming lessons. However, in exceptional circumstances where this is not possible, we can make a reasonable adjustment based on the following:

Required

- The earrings are small studs (no loops, dangly)
- The earrings must be covered with a neoprene headband or swim cap

If you wish for your child to attend school swimming lessons whilst wearing earrings (healing period), they may do so providing the above points are met and the school is receipt of a signed slip from parent/carers (see below).



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PERMISSION SLIP

WEARING OF EARRINGS DURING SCHOOL SWIMMING

Name of your child's school _____

For the parent/carer to sign

I, the parent/carer of _____ hereby confirm that I give consent for my son/daughter to wear earring/s (delete as appropriate) during school swimming lessons and at the schools' gala. I have read and understood the Schools' Swimming Services recommendation and have explained the advice to my son/daughter. I will not undertake to pursue the council for any loss or damage to property or injury to my child, member of staff or another swimmer as a direct result of wearing earrings during the Schools' Swimming sessions.

Date earrings pierced _____. Once the healing period has passed it is the expectation that the earrings will be removed before each swimming session.

Signed _____ Date _____

Please print name _____

Please complete and return a copy to the school prior to the swimming lessons.

Receipt of permission slip on the ____/____/____

By the signed _____