



PSHE Education Policy

(Personal Social Health and Economic)

Intent

At Gunthorpe C of E school, our Personal Social Health Economic (PSHE) curriculum is centred on a values based and growth mindset approach. We aim to promote positive behaviour, mental health, well-being, resilience and achievement. Our long-term plan and school values of Service, Friendship, Respect, Forgiveness and Determination are reflected in our whole school scheme of work.

In line with the guidance from The Church of England document, 'Valuing all God's children' our PSHE curriculum offers the Christian message of love, joy and the celebration of our humanity without exception or exclusion.

Statutory Requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach. Lessons will cover the PSHE Assoc. programme of study, 'learning opportunities' across KS1 and KS2 in line with the terms set out in the new requirements by the DfE. This includes the new statutory expectations for schools to teach RSE from sept. 2020, under the guidance outlined in the Children and Social Work Act 2017. The DfE guidance sets out legal duties that schools must adhere to when teaching Relationships Education, Relationships and Sex Education (RSE) and Health Education. The themes are, Families and People who care for me, Caring Relationships, Respectful Relationships, Online Relationships and Being Safe. See also our RSE policy.

Content and delivery

What we teach

At Gunthorpe we have implemented the SCARF (Safety, Caring, Achievement, Resilience, Friendship) resources as part of the teaching of PSHE, this is provided by CORAM life Education. This covers all aspects of PSHE, including health, relationships and sex education (also see separate RSE Policy). We undertake a 2 year cycle of these units so that children receive teaching of all units throughout their Primary education. The units covered during each 2 year cycle are:

**Me and My relationship;
Valuing difference
Keeping myself safe
Rights and Responsibilities
Being my best
Growing and Changing**

How we teach

- Activities will take various forms dependent on the age and specific needs of the children; these will include sessions during circle time, role-play, playing group games and formal lessons.
- In addition to dedicated lesson time, there are also presentations and visitors into school who discuss various issues with children. These include:
 - Barnardo's – stranger danger
 - RNLI – Water safety
 - Network Rail – safety
 - Fire Officer – Fire Safety
 - NSPCC – Assembly and KS2 lesson
 - CORAM life bus
 - DART (Drug alcohol, Resilience Training) programme
- Collective Worship is used to discuss school values and these link to the units of learning in PSHE. This allows us to look at a wide variety of relationship issues, especially when talking about the values of friendship, forgiveness and respect.
- Whole School days are very important at Gunthorpe and these allow older children to support younger children. We believe that this is a vital part of our 'family' feel within the school. Projects include; PSHE and Values day, University days, and whole school sporting tournaments.
- Enrichment activities provide opportunities for cross-curricular learning. Example of these include:
 - Celebrating cultural/religious festivals
 - Enterprise week
 - Charity Events (Alternative Advent/Fairtrade Fortnight/)
 - Mindfulness and Yoga
 - Community Events (Lantern walk/Senior Sing along/Summer fair)
 - Residential/Class trips
 - Recycling projects
- British Values (Democracy, Rule of law, individual liberty, mutual respect, tolerance of those with different faiths/beliefs) are interwoven throughout all our teaching and enrichment opportunities.

Monitoring

The delivery of PSHE will be monitored by the Humanities team through staff meetings, 'pop ins' and work scrutiny.

Date Approved

Approved by

on behalf of the governors of Gunthorpe Church of England Primary School.

Review Date

2023 to be reviewed 2025